

Francis St. C.B.S. Newsletter



Dear Parents,

It has been a busy start to the new school year in 'Franner' and will continue to be with all the projects and activities planned in 2017/2018. Thank you all so much for your support in attending the Information Meeting in your son's class.



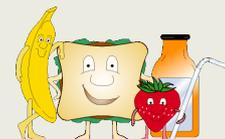
What's going on in Francis St. C.B.S.

We would like to welcome Avril Nolan as the New Vice Principal. She has got off to a flying start in her new role. Avril is also teaching boys in the learning support role.

The role of Home School Community Liaison Coordinator will now be filled by Jennifer Rushe. Please call into the school anytime to speak to Jennifer or ring her on 086-8075204 if you have any problems or need any help in any way.

Healthy Habits

We do a lot of work on healthy living and making healthy choices, The boys learn about healthy eating. Breakfast is the most important meal of the day to help fuel our brains for learning. Porridge, healthy cereal or eggs are fantastic breakfast options. We have a healthy lunch policy in Francis St. No treats or fizzy drinks are allowed in school on any day of the week.



We also know the importance of a good night sleep to help promote learning, The boys should have a minimum of eight hours sleep a night. Getting to sleep early can sometimes be hard but playing outside in the fresh air and limited time on ipads or play stations can really help

Clubs

The clubs are up and running in the school. The various clubs include guitar, franner examiner, hip-hop, football, chess and lego. The clubs will be starting again after Halloween break so you have another chance to get into the club of your choice. Just remember to get the forms back to your teacher as quick as you can!

After the Halloween break we will be running a breakfast and homework club here in the school which will be run by the teachers and sna's. The cost will be €5 per week. Breakfast club will run from 8 a.m. til 9 a.m. and the homework will run from 2,45 p.m. til 4.15 p.m. and a meal will be provided for the boys at the homework club. If you would like your son to attend these clubs please fill out the form that your son was given and send them back to Jennifer Rushe.

Committees

Committees have been set up in the school. There has been elections and voting taking place and boys have been elected and assigned onto various committees.

These include: The Student Council, The Green Team, Bathroom Monitors, The Fit Squad, Student counsellors, Reading Ambassadors, Playworks Team, Franner Farmers and the Changemaker Team.

Website

The school website is a fantastic way to keep up with all that is going on in the school and in your son's class.

The web address is:

www.francisstcbs.ie

Be sure to check it out!!

Halloween Howl

This year for Halloween we are raising awareness for Childhood Cancer and the impact cancer can have on a family. The boys can dress up in their Halloween costumes on Friday 27th October and there will be lots of traditional Halloween fun and games in the school on the day. There will be a prize for best dressed in each class and of course best dressed teacher! There will be a €2 Donation for childhood cancer. Looking forward to lots of Spooky fun!

